

# Pre-Competition Brief: Beauty Therapy Practitioner

## Pre-selection competition for Beauty Therapy Practitioner (Advanced)

An in-house competition for use in selecting potential WorldSkills UK competitors to represent your organisation.

### Project brief

Three set tasks: back treatment, mini facial and mini manicure. Competitors must demonstrate competency in all three areas. Total competition time: **two hours fiftyfive minutes.**

### The detail

#### Pre-competition for Beauty Therapy Practitioner

15 minutes to set up the treatment area - including all tools and equipment (equipment/towels etc under the couch in boxes or set up on tables if possible at the start).

Back treatment: - Cleanse the back, apply and remove a mud type mask, perform a 15minute back massage showing a full range of movements = Total time 45 minutes

Mini facial:- to include a facial cleanse, verbally explained skin analysis and application of day makeup = Total time 80 minutes

Mini manicure:- File nails and apply creme red nail polish to all fingernails = Total time 20 minutes 15 minutes clear down – all equipment put away and the workstation cleaned down.

This will judged throughout and at the end of the competition by the tutor.

Idea of the products required:

- Body and face cleansers
- Toners
- Moisturiser

- Body mud mask
- Massage oil
- Full range of day makeup
- Nail file
- Creme red nail polish
- Base coat and top coats
- Disposables – couch roll, tissues, cotton pads/buds
- Range of towels, mitts, blankets and pillows

Techniques:

- Health and safety and infection control practices adhered to
- Neat and tidy working environment
- Range of massage movements
- Facial cleansing and removal of makeup
- Skin analysis and verbal explanation
- Day makeup that is even and well blended, including client suitability
- Precise nail painting application
- Overall presence and demeanour of the competitor
- Excellent client care and working under pressure

## Marking and assessment

**Assessment will be through:**

- observation
- inspection of completed tasks.

The criteria for marking and the allocation of marks for each criterion are set out on the attached marking schedule:

<b>Presentation</b>	<b>15</b>
<b>Health and safety</b>	<b>5</b>
<b>Set up and clear down</b>	<b>10</b>
<b>Back treatment</b>	<b>20</b>
<b>Facial and makeup</b>	<b>25</b>
<b>Nail polish</b>	<b>25</b>
<b>Total marks</b>	<b>100</b>

Assessment / Judgement - Description	Max Mark
Presentation	
Competitor is well presented (hair tied back neatly, uniform clean, well fitted and pressed, no jewellery etc.)	5
Professionalism, presence and demeanour	10
Health & safety	
Infection control / Work station set up / Safe working practice	5
Set up area and clean down	
Set up	5
Clean down	5
Back is cleansed thoroughly and removed leaving no residue	
Mask applied to the back to include neat lines and even. Leave on for 5 mins	5
Mask to be completely removed with no visible residue	5
15-minute massage to be completing a full range of massage classifications	5
Massage to flow demonstrating good stance and posture	5
Facial and make up	
Full facial cleanse to include makeup removal	5
Skin analysis	5
Daytime make up to include foundation, blusher, concealer, eye products, lip liner, lipstick	10
Overall look	5
Nail Polish	
Correct use of the nail file	5
All nails to be the same length	10

Nail polish is applied with an even colour close to the cuticle but does not touch the cuticle or surrounding skin

10

## Competition rules

Conduct for competitors during live competitions:

- competitors must set up and participate in the competition on their own. **At no point should tutors help.** Models will enter the room at the start time of the competition
- competitors must ensure that they keep to timings, extra time will not be allocated to those who are not ready for each task
- competitors should be dressed in an appropriate uniform. No jewellery or piercings to be worn
- competitors will start and finish work as instructed by the tutor / judge. Any competitor who wishes to leave the area during the competition must seek the permission of the tutor / judge
- competitors who break or damage their own equipment during the competition will not receive any additional time
- competitors will be required to bring their own suitable model on the day. These models must not be contra-indicated to any treatment itemised below. They must have previously experienced treatments and have healthy manicured nails
- models natural nails should be clean and free of all products, base coat or polish at the start
- all models will be checked prior to start of the competition. Any model who is found to be unsuitable will incur penalties for the competitor
- where a competitor is observed working in an unsafe manner s/he will be stopped and not permitted to continue unless willing to follow the judges' directions.

## Resources required

- treatment bed and two chairs
- metal bin with lid
- PPE

- appropriate lighting
- sanitisation products
- consultation forms and pen - completed prior to competition to check contra-indications
- treatment products
- consumables – bed roll / tissue / lint free pads etc.

## Instruction for in-house comp

- make sure learners are given competition date and times at least 4 weeks prior to competition
- ensure learner has had a competition brief and is aware of the rules
- hold a 1-hour competition question and answer class
- Learners need to evaluate all treatments to progress and fine tune areas.

MARKING SHEET			
Assessment / Judgement - Description		Max Mark	Marks Awarded
<b>Presentation</b>			
<b>Competitor is well presented (hair tied back neatly, uniform clean, well fitted and pressed, no jewellery etc.)</b>	5		
<b>Professionalism, presence and demeanour</b>	10		
<b>Health &amp; safety</b>			
<b>Infection control / Work station set up / Safe working practice</b>	5		
<b>Set up area and clean down</b>			
<b>Set up</b>	5		
<b>Clean down</b>	5		

<b>Back is cleansed thoroughly and removed leaving no residue</b>		
<b>Mask applied to the back to include neat lines and even. Leave on for 5 mins</b>	5	
<b>Mask to be completely removed with no visible residue</b>	5	
<b>15-minute massage to be completing a full range of massage classifications</b>	5	
<b>Massage to flow demonstrating good stance and posture</b>	5	
<b>Facial and make up</b>		
<b>Full facial cleanse to include makeup removal</b>	5	
<b>Skin analysis</b>	5	
<b>Daytime make up to include foundation, blusher, concealer, eye products, lip liner, lipstick</b>	10	
<b>Overall look</b>	5	
<b>Nail Polish</b>		
<b>Correct use of the nail file</b>	5	
<b>All nails to be the same length</b>	10	
<b>Nail polish is applied with an even colour close to the cuticle but does not touch the cuticle or surrounding skin.</b>	10	
<b>TOTAL MARKS</b>	100	