

## Skills Champion training schedule 25/26

To invest in your personal and professional development and role as a Skills Champion, please see below upcoming dates and topics with the link to sign up. We hope you can attend as much as possible. Each session is tailored to the role of being a Skills Champion and an opportunity to deepen your understanding, confidence and skills. Some dates are TBC, and any updates will be announced via email.

Have a topic, feedback or training suggestion? Email [Daisy](#).

Date	Topic	Location	Sign up
Thursday 1 May 2025  7-8pm	Skills Champion welcome session.	Online	<a href="#">Click here.</a>
Thursday 19 June 2025  7:30-8:15pm	Harnessing LinkedIn: Join this session to optimise your LinkedIn profile and explore how to write effective posts.	Online	<a href="#">Click here.</a>
Thursday 31 July 2025  7:30-8:30pm	Imposter Syndrome workshop: even successful people feel like they're "faking it", a fraud and doubt their achievements despite evidence of their abilities. Want to discover more about this and how to combat it? Whether for yourself or others, join us to equip yourself with how to better understand and manage imposter syndrome.	Online – run by an external facilitator.	<a href="#">Click here.</a>
Thursday 14 August 2025  7:30-8:15pm	Skills Champion welcome and drop-in session: For new and existing Skills Champions to connect and be envisioned about their role and WorldSkills UK's work.	Online	<a href="#">Click here</a>
Thursday 25 September 2025  7:30-8:15pm	Balance of life: In this session you'll create your own wellbeing wheel, looking at different areas of your life and celebrating what is going well and what you'd like to improve with	Online	<a href="#">Click here.</a>

	tangible actions. This is a great opportunity to pause, reflect and implement change.		
Thursday 23 October 2025  7:30-8:15pm	Networking – how to confidently connect with others: Networking can be awkward! We'll unpack top effective tips to make it easier and increase your confidence so you can connect, communicate and network with ease, no matter where you are. Know about the odd number rule? If this answer is no, then join to find out!	Online	<a href="#">Click here.</a>
Monday 15 December 2025  7:30-8:15pm	Festive quiz: Join us online for a festive quiz and game!	Online	<a href="#">Click here.</a>
Thursday 22 January 2026  7:30-8:15pm	Skills Champion welcome and focus session: Revisiting a 2025 session focusing on WorldSkills UK and your role as Skills Champions. For new and existing Skills Champions to connect and be envisioned about their role and WorldSkills UK's work.	Online	<a href="#">Click here.</a>
Thursday 26 February 2026  7:30-8:15pm	Powerful communication: Good communication and presentation skills are essential in work and life, but sometimes tricky to achieve. Join us to explore tips on how to present and communicate with confidence to connect with audiences and shine.	Online	<a href="#">Click here.</a>
Thursday 26 March 2026  7:30-8:15pm	Handling conflict: One of the biggest causes of conflict is people being unreasonable and misunderstanding. We'll look at Transactional Analysis and how you can apply this to your everyday conversations to handle, diffuse and manage conflict and challenging conversations.	Online	<a href="#">Click here.</a>