

## Skills Champion training schedule 25/26

To invest in your personal and professional development and role as a Skills Champion, please see below upcoming dates and topics with the link to sign up. We hope you can attend as much as possible. Each session is tailored to the role of being a Skills Champion and an opportunity to deepen your understanding, confidence and skills. Some dates are TBC, and any updates will be announced via email.

Have a topic, feedback or training suggestion? Email [Daisy](#).

Date	Topic	Location	Sign up
Thursday 1 May 7-8pm	Skills Champion welcome session.	Online	<b>COMPLETE.</b>
Thursday 19 June 2025 7:30-8:15pm	<b>Harnessing LinkedIn:</b> Join this session to optimise your LinkedIn profile and explore how to write effective posts.	Online	<a href="#">Click here.</a>
Thursday 31 July 7:30-8:30pm	<b>Imposter Syndrome workshop:</b> even successful people feel like they're "faking it", a fraud and doubt their achievements despite evidence of their abilities. Want to discover more about this and how to combat it? Whether for yourself or others, join us to equip yourself with how to better understand and manage imposter syndrome.	Online – run by an external facilitator.	<a href="#">Click here.</a>
Thursday 14 August, 7:30-8:15pm	<b>Skills Champion welcome and drop-in session:</b> For new and existing Skills Champions to connect and be envisioned about their role and WorldSkills UK's work.	Online	<a href="#">Click here</a>
TBC August 2025	<b>Telling your story and powerful communication:</b> Join us in person for a deep dive session on how to best tell your story with powerful communication, with live coaching and lunch in-person.	In person (TBC)	<a href="#">Click here.</a>
Thursday 25 September 2025	<b>Balance of life:</b> In this session you'll create your own wellbeing wheel, looking at different areas of your life and celebrating what is	Online	<a href="#">Click here.</a>

7:30-8:15pm	going well and what you'd like to improve with tangible actions. This is a great opportunity to pause, reflect and implement change.		
Thursday 23 October 2025  7:30-8:15pm	<b>Networking – how to confidently connect with others:</b> Networking can be awkward! We'll unpack top effective tips to make it easier and increase your confidence so you can connect, communicate and network with ease, no matter where you are. Know about the odd number rule? If this answer is no, then join to find out!	Online	<a href="#">Click here.</a>
Thursday 13 November 2025  7:30-8:15pm	<b>Skills Champion 101 – How to thrive in your role:</b> This session will look at recapping key messages and tips for being an effective Skills Champion who champions skills excellence. If you are volunteering at the national finals please ensure you attend.	Online	<a href="#">Click here.</a>
Monday 15 December 2025  7:30-8:15pm	<b>Festive quiz:</b> Join us online for a festive quiz and game!	Online	<a href="#">Click here.</a>
Thursday 26 February 2026  7:30-8:15pm	<b>Skills Champion welcome and focus session:</b> Another session focussing on WorldSkills UK and your role as Skills Champions.	Online	<a href="#">Click here.</a>
Thursday 26 March 2026  7:30-8:15pm	<b>Handling conflict:</b> One of the biggest causes of conflict is people being unreasonable and misunderstanding. We'll look at Transactional Analysis and how you can apply this to your everyday conversations to handle, diffuse and manage conflict and challenging conversations.	Online	<a href="#">Click here.</a>