



Pre-Competition Brief: Beauty Therapy Practitioner

Pre-selection competition for Beauty Therapy Practitioner (Advanced)

An in-house competition for use in selecting potential WorldSkills UK competitors to represent your organisation

Project brief

Three set tasks: back treatment, mini facial and mini manicure Competitors must demonstrate competency in all three areas. Total competition time: **two hours fifty-five minutes.**

The detail

Pre-competition for Beauty Therapy Practitioner

15 minutes to set up the treatment area - including all tools and equipment (equipment/ towels etc under the couch in boxes or set up on tables if possible at the start).

Back treatment: - Cleanse the back, apply and remove a mud type mask, perform a 15minute back massage showing a full range of movements = Total time 45 minutes

Mini facial:- to include a facial cleanse, verbally explained skin analysis and application of day makeup

= Total time 80 minutes

Mini manicure:- File nails and apply creame red nail polish to all fingernails = Total time 20 minutes 15 minutes clear down – all equipment put away and the workstation cleaned down.

This will then be judged by the tutor

Using your choice of nail art mediums and techniques for example: Products:

cleansers





- toners
- moisturiser
- mud masks
- full range of makeup
- nail file
- red nail polish
- base coat and top coats.

Techniques:

• full ranges of massage movements to be used during the massage the skin analysis will be need to be explained.

Marking and assessment

Assessment will be through:

- observation
- inspection of completed tasks.

The criteria for marking and the allocation of marks for each criterion are set out on the attached marking schedule:

| Presentation | 15 |
|-----------------------|-----|
| Health and safety | 5 |
| Set up and clear down | 10 |
| Back treatment | 20 |
| Facial and makeup | 25 |
| Nail polish | 25 |
| Total marks | 100 |

| Assessment / Judgement - Description | Max Mark |
|---|-------------|
| Presentation | |
| Competitor is well presented (hair tied back, uniform pressed, no jewellery etc.) | 5 |
| Professionalism, presence and demeanour | 10 |
| Health & safety | - |
| Infection control / Work station set up / Safe working practice | 5 |





| Set up area and clean down | | |
|---|----|--|
| Set up | 5 | |
| Clean down | 5 | |
| Back is cleansed thoroughly and removed leaving no residue | | |
| Mask applied to the back to include neat lines and even. Leave on for 5 mins | 5 | |
| Mask to be completely removed with no visible residue | 5 | |
| 15-minute massage to be completing a full range of massage classifications | 5 | |
| Massage to flow demonstrating good stance and posture | 5 | |
| Facial and make up | | |
| Full facial cleanse to include makeup removal | 5 | |
| Skin analysis | 5 | |
| Daytime make up to include foundation, blusher, concealer, eye products, lip liner, lipstick | 10 | |
| Overall look | 5 | |
| Nail Polish | | |
| Correct use of the nail file | 5 | |
| All nails to be the same length | 10 | |
| Nail polish is applied with an even colour close to the cuticle but does not touch the cuticle. | 10 | |

Competition rules

Conduct for competitors during live competitions:

- competitors must set up and participate in the competition on their own. **At no point should tutors help.** Models will enter the room at the start time of the competition
- competitors must ensure that they keep to timings, extra time will not be allocated to those who are not ready for each task
- competitors should be dressed in an appropriate uniform. No jewellery or piercings to be worn





- competitors will start and finish work as instructed by the tutor / judge. Any competitor who wishes to leave the area during the competition must seek the permission of the tutor / judge
- competitors who break or damage their own equipment during the competition will not receive any additional time
- competitors will be required to bring their own suitable model on the day
- these models must not be contra-indicated to any treatment itemised below. They must have previously experienced treatments and have healthy manicured nails
- models natural nails should be clean and free of all products, base coat or polish at the start
- all models will be checked prior to start of the competition. Any model who is found to be unsuitable will incur penalties for the competitor
- where a competitor is observed working in an unsafe manner s/he will be stopped and not permitted to continue unless willing to follow the judges' directions.

Resources required

- treatment bed and two chairs
- metal bin with lid
- PPE
- appropriate lighting
- sanitisation products
- consultation forms and pen
- treatment products
- consumables bed roll / tissue / lint free pads etc.

Instruction for in-house comp

- make sure learners are given competition date and times at least 4 weeks prior to competition
- ensure learner has had a competition brief and is aware of the rules
- hold a 1-hour competition question and answer class
- up to competition learners need to evaluate all treatments to progress and fine tune areas.





| MARKING SHEET | | |
|---|-------------|------------------|
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| TOTAL MARKS | 100 | |