






# Thinking about your future

Look at the skills below and using the scale of 1-10, put an 'X' where you think you were before starting the lesson, then use a circle to highlight where you think you are now that you have completed this lesson. Have you used and improved some key skills?

<b>COMMUNICATION</b> <i>(Presenting, Listening)</i> 	1	2	3	4	5	6	7	8	9	10
	1	2	3	4	5	6	7	8	9	10
<b>SELF-MANAGEMENT</b> <i>(Organisation)</i> 	1	2	3	4	5	6	7	8	9	10
	1	2	3	4	5	6	7	8	9	10
<b>REFLECTION</b> 	1	2	3	4	5	6	7	8	9	10
	1	2	3	4	5	6	7	8	9	10

**THE KEY THINGS I AM GOING TO DO TO HELP PREPARE FOR MY CAREER FOLLOWING THIS SESSION ARE:**

**THE KEY THINGS I HAVE LEARNT FROM THIS SESSION ARE:**

**THINGS I NEED TO GO AND FIND OUT MORE ABOUT NOW:**

<i>This session has taught me useful things about careers</i>	<i>Agree</i>	<i>OK</i>	<i>Disagree</i>
<i>This session has helped me think about my skills</i>	<i>Agree</i>	<i>OK</i>	<i>Disagree</i>
<i>I enjoyed this session</i>	<i>Agree</i>	<i>OK</i>	<i>Disagree</i>