



Preparing your first CV

Look at the skills below and using the scale of 1-10, put an 'X' where you think you were before starting the lesson, then use a circle to highlight where you think you are now that you have completed this lesson. Have you used and improved some key skills?

PROBLEM SOLVING (Initiative)		1	2	3	4	5	6	7	8	9	10
COMMUNICATION (Presenting, Listening)		1	2	3	4	5	6	7	8	9	10
SELF-MANAGEMENT (Organisation)		1	2	3	4	5	6	7	8	9	10
TEAMWORK		1	2	3	4	5	6	7	8	9	10
CREATIVITY		1	2	3	4	5	6	7	8	9	10
NUMERACY		1	2	3	4	5	6	7	8	9	10
DIGITAL SKILLS		1	2	3	4	5	6	7	8	9	10
INFORMED		1	2	3	4	5	6	7	8	9	10
LEADERSHIP		1	2	3	4	5	6	7	8	9	10
CONFIDENCE		1	2	3	4	5	6	7	8	9	10
DRIVE (Aiming High)		1	2	3	4	5	6	7	8	9	10
RESILIENCE (Staying Positive)		1	2	3	4	5	6	7	8	9	10
REFLECTION		1	2	3	4	5	6	7	8	9	10
SELF-BELIEF		1	2	3	4	5	6	7	8	9	10



Preparing your first CV

THE KEY THINGS I AM GOING TO DO TO HELP PREPARE FOR MY CAREER FOLLOWING THIS SESSION ARE:

THE KEY THINGS I HAVE LEARNT FROM THIS SESSION ARE:

THINGS I NEED TO GO AND FIND OUT MORE ABOUT NOW:

This session has taught me useful things about careers	Agree	OK	Disagree
This session has helped me think about my skills	Agree	OK	Disagree
I enjoyed this session	Agree	OK	Disagree