

# Lesson Plan

## Hairdressing



### Lesson Plan 1

**Watch video 1 and then discuss - 10mins**

**Setting up work station. Different types of razors and how to dispose of a razor blade safely.**

Questions for discussion:

- importance of setting up workstation efficiently
- discuss the learners previous experience of razors (if any)
- discuss why it is important to change and dispose of used blades correctly.

**Watch video 2 & discuss - 10 mins**

**Exploring the different razor techniques available to use**

As a group, list and compare the different techniques:

- short strokes-removing length to achieve a soft, blunt finish
- long strokes-removing length and weight to achieve a soft, texturised finish
- point razoring - remove weight only
- potato peeling technique - using a safety razor only against the thumb so removing length on short hair in a controlled way.

**Follow with Practical Activity - 60mins**

- set up workstation
- practice holding a razor, changing and disposing of blade as shown in video 1
- practice the various techniques on an old mannequin as shown in video 2 as many times as you feel comfortable and is necessary before moving on to lesson 2.

### Lesson Plan 2

**Watch video 3 and then discuss - 30mins**

**Graduated bob. Shampooing, combing, sectioning & cutting process & blow-dry**

As a group, discuss the following:

- importance of shampooing and conditioning correctly
- combing techniques on wet hair
- sectioning for a graduated bob
- the cutting process of a graduated bob
- why we blow-dry the hair into a smooth shape before we finish the haircut
- use of mini clippers and personalising the haircut with other tools if necessary.

**Show presentation on the module and the marking scheme**

Discuss as a group.

**Homework**

Re-watch video 3 and make notes.

## Lesson Plan 3

**Practical activity - allow 120 mins (can vary depending on experience of learner)**

- set up workstation
- prepare mannequin as per video 3
- section precisely as per video 3
- carry out haircut and finish as per video 3.

### **Top Tips:**

- **always razor on wet hair**
- **maintain consistent tension on hair**
- **check balance of haircut after each section**
- **reflect on your personal position and posture throughout the haircut.**

**Refer to presentation and marking scheme and discuss - 30mins**

- how does yours compare?
- how long did it take? The commercial time frame for carrying out this haircut and finish is between 45-60 minutes
- remember, practice makes perfect!

## Lesson Plan 4

**Watch video 4 and then discuss - 10mins**

**Explore blow-drying and finishing techniques - texturised**

- talk about different products and tools used to create this look.

**Follow with Practical Activity - 60 mins**

- set up workstation
- carry out the waving and texturising techniques show in video 4.