



# Beauty Therapist Technical Handbook

## Beauty Therapist

<p>Skill for each competition</p>	<p>This annual cycle of competitions focuses on the role and tasks of a beauty therapist at intermediate level.</p> <p>Beauty therapists are in high demand to help improve physical appearance and wellbeing. The tasks chosen in this competition involve competitors carrying out given treatments which are increasingly sought after and popular and which mirror current industry practice and requirements.</p> <p><a href="#">Link to the competition overview.</a></p>
<p>Criteria for entry</p>	<p><b>Open Level Entry</b> - There is no limit to the number of entries per organisation but organisations are strongly encouraged to use the pre-competition activity to introduce their competitors to (and prepare them for) competition work and to select their best representatives.</p> <p>This is an individual competition.</p> <p>Entries will be accepted from competitors who are enrolled in a programme of study working towards Beauty Therapy Level 2 in the last 12 months</p>
<p>Competencies required</p>	<p>Competitors taking part in this competition will be required to demonstrate:</p> <ul style="list-style-type: none"> <li>· Professional demeanour</li> <li>· Safe working practices</li> <li>· Professional attitude</li> <li>· Effective interaction with the client</li> <li>· High level of skill and dexterity</li> <li>· Management of time allocation</li> <li>· Ergonomic working methods</li> </ul> <p><a href="#">Link to the core competencies.</a></p>

<p>Competition cycle</p>	<p>This competition is conducted over three stages:</p> <ul style="list-style-type: none"> <li>● <b>Stage 1 - Passive stage</b> (photographic entry: normally of 2 tasks. Photographs should not be digitally edited or enhanced and should be competitor's own work, completed under competition conditions in order to best prepare for further stages). Successful candidates will be invited to:</li> <li>● <b>Stage 2 - UK National Qualifiers</b> an online, virtually led round. In each qualifier 2 identical tasks are performed by competitors in a specific order, under strict timed conditions. The top 8 performers in the UK will be selected from the National Qualifiers and invited to:</li> <li>● <b>Stage 3 - UK National Final</b> - (2 tasks performed over 3 hours, under strict timed conditions).</li> </ul> <p>Each stage is differentiated in order for the competitors' skills to develop and accelerate.</p> <p>A natural progression after this competition would be to register for the Beauty Therapy Practitioner (Advanced).</p>						
<p>Outline of how marks are awarded/gained</p>	<p>Assessment will be through:</p> <ul style="list-style-type: none"> <li>● Observation</li> <li>● Inspection of completed tasks</li> </ul> <p>Exemplar tasks and marks include:</p> <p><b>Passive Stage:</b></p> <table border="1" data-bbox="555 1765 1369 1899"> <tr> <td>File, Nail prep, Nail polish</td> <td><b>12</b> (1/3 of marks)</td> </tr> <tr> <td>Therapist/Working Day make up</td> <td><b>24</b> (2/3 of marks)</td> </tr> <tr> <td><b>Total</b></td> <td><b>36</b></td> </tr> </table> <p><b>UK National Qualifier:</b></p>	File, Nail prep, Nail polish	<b>12</b> (1/3 of marks)	Therapist/Working Day make up	<b>24</b> (2/3 of marks)	<b>Total</b>	<b>36</b>
File, Nail prep, Nail polish	<b>12</b> (1/3 of marks)						
Therapist/Working Day make up	<b>24</b> (2/3 of marks)						
<b>Total</b>	<b>36</b>						

	<b>Personal Skills marked from the video:</b> General appearance, presence and demeanour	<b>14</b>
	<b>Presentation:</b> Quality of answers to the set question; Presentation skills	<b>24</b>
	<b>Day Makeup:</b> Client's clothes and hair protected Working area is tidy and hygienic Base – concealer and foundation Overall look and suitability for the client Competitor's knowledge of the application process	<b>36</b>
	<b>Nail Paint:</b> Cuticle work Red polish Overall appearance	<b>26</b>
	<b>Total:</b>	<b>100</b>
	<b>WorldSkills UK National Final:</b>	
	Personal & Interpersonal Skills	<b>15</b>
	Mini Facial / Tinting	<b>28</b>
	Makeup	<b>27</b>
	Manicure	<b>16</b>
Pedicure	<b>14</b>	
<b>Total:</b>	<b>100</b>	
<p>Each competition task will be assessed and marked independently of any other competition activity, using measurement and judgement criteria or a combination of both during each task.</p> <p><b>Measurement</b> assessment will be used whenever the process or product is correct or incorrect, complete or</p>		

	<p>incomplete, against a given benchmark that the judges can agree on (0/1). It is used whenever it is possible to take a measurement of some kind.</p> <p>For all <b>judgement</b> criteria, the following marking scale will be used:</p> <ul style="list-style-type: none"> <li>0 – Does not meet standard</li> <li>1 – Meets minimum standard</li> <li>2 – Meets standard</li> <li>3 – Exceeds Standard</li> </ul> <p>Once marks have been awarded by each of the judges, they will be averaged to obtain the final mark.</p> <p>A panel of judges has been selected from a range of industry, college and training provider representatives. The judges' decisions will be moderated and quality assured by Worldskills UK</p>
<p>Top Tips from judges</p>	<p>Prior preparation prevents poor performance.</p> <ul style="list-style-type: none"> <li>● Ensure you have read the brief and understand the brief.</li> <li>● Contact lead judge prior to competition with any questions.</li> <li>● It is vital that you arrive to your competition fully prepared and in good time for your briefing with the head floor judge.</li> <li>● Points will NEVER be deducted for asking questions.</li> <li>● Research competitions.</li> <li>● Look at previous winners' work.</li> <li>● Practice practice practice.</li> <li>● Remember your tutor is there to fully support you in</li> </ul>

	<p>the journey take on their advice and support.</p> <ul style="list-style-type: none"> <li>• Listen to feedback from your tutor and work from the feedback.</li> <li>• Use a mag lamp to check areas once finished</li> <li>• Work from feedback from judges in the passive stage to prepare for the next stage of competition.</li> </ul>
<p>Links to training resources</p>	<p><b>Books</b></p> <p><b>Professional Beauty Therapy: Level 3 (5th edition)</b></p> <p>By <u>Lorraine Nordmann</u> (Author)</p> <p>City and Guilds L3 VRQ Diploma in Beauty Therapy</p> <p><b>Beauty Therapy: The Foundations, Level 2 (7th edition)</b></p> <p>By <u>Lorraine Nordmann</u> (Author)</p> <p>The City &amp; Guilds Textbook: Level 2 VRQ Diploma in Beauty Therapy by <u>Helen Beckmann</u></p>
<p>Links to Career Paths</p>	<p>Beauty, Nails &amp; Spa Career Path</p> <p><a href="https://www.vtct.org.uk/wp-content/uploads/2019/09/A4_VTCT-Beauty.pdf">https://www.vtct.org.uk/wp-content/uploads/2019/09/A4_VTCT-Beauty.pdf</a></p> <p><a href="https://nationalcareers.service.gov.uk/job-profiles/beauty-therapist">https://nationalcareers.service.gov.uk/job-profiles/beauty-therapist</a></p>

	<p><a href="https://www.careeraddict.com/become-beauty-therapist">https://www.careeraddict.com/become-beauty-therapist</a></p> <p><a href="https://www.lbta.co.uk/how-to-become-a-beauty-therapist/">https://www.lbta.co.uk/how-to-become-a-beauty-therapist/</a></p> <p><a href="https://www.ucas.com/ucas/after-gcses/find-career-ideas/explore-jobs/job-profile/beauty-therapist">https://www.ucas.com/ucas/after-gcses/find-career-ideas/explore-jobs/job-profile/beauty-therapist</a></p> <p><a href="https://www.myworldofwork.co.uk/my-career-options/job-profiles/beauty-therapist">https://www.myworldofwork.co.uk/my-career-options/job-profiles/beauty-therapist</a></p> <p>Jobs in Beauty: <a href="https://jobsinbeauty.co.uk/blog/post/list-beauty">https://jobsinbeauty.co.uk/blog/post/list-beauty</a></p> <ul style="list-style-type: none"> <li>• Work in Health spas all over the world</li> <li>• Starting your own business <ul style="list-style-type: none"> <li>○ Senior beauty therapist.</li> <li>○ Salon trainer.</li> <li>○ Product distributor and trainer.</li> <li>○ Media/theatre make-up artist.</li> <li>○ Fashion make-up artist.</li> <li>○ Cruise ship beauty/spa therapist.</li> <li>○ Salon receptionist.</li> <li>○ Senior spa therapist.</li> </ul> </li> </ul>