



# Foundation Skills: Hairdressing Pre- Competition Activity

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#### Pre self-assessment

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AC	Skill	I can do it	I am working	I do not know how
		☺	on it	to do it
			<u></u>	8
1	Develop a mood board of			
	the long hair look chosen			
	for the competition			
2	Add pictures to your			
	mood board of hair			
	accessories			
3	State what tools and			
	equipment will be used			
4	Describe what products			
	will be used to create the			
	finished look			
5	Describe what pins, clips			
	or bands will be needed			
	to create the look			
6	Prepare work area and			
	floor stand			
7	Prepare products, tools			
	and equipment			
8	Ensure all your products,			
	tools and equipment are			
	ready to use			





9	Brush and smooth hair		
	correctly		
10	Client/model care		

## **Mood Board**

Mood board, ideas for competition looks on a mannequin head























Google competition looks on a mannequin head or review

www.aht-uk.com

Web sites:



https://www.google.co.uk/search?q=competition+long+hair+looks+on+a+mannequin+head+images&safe=strict&source=lnms&tbm=isch&sa=X&ved=0ahUKEwistdr59OPYAhVkGsAKHYFBDWgQ\_AUICigB&biw=1024&bih=651

https://www.google.co.uk/search?q=blackpool+winter+gardens+competition+looks+on+a+mannequin+head&safe=strict&source=lnms&tbm=isch&sa=X&ved=0ahUKEwjf67SD9uPYAhWlAcAKHSJPDNUQ\_AUICigB&biw=1024&bih=651

#### To do prior to competition:

- Students to develop a mood board of the long hair look chosen for the competition
- State what tools and equipment will be used
- Describe what products will be used to create the finished look
- Describe what pins, clips or bands will be needed to create the look
- Add pictures to your mood board of hair accessories







#### Long hair competition:

- prepare work area and floor stand
- prepare products, tools and equipment
- organise, pins, bands and any hair accessories that you will be using
- remove any rollers from the mannequin head
- brush out the mannequin head with a brush
- ensure all your products, tools and equipment are ready to use
- commence competition.

## Skills used within the competition:

- dexterity skills
- time management
- creatively
- problem solving
- resilience
- organisation.

#### Final self-assessment

AC	Skill	I can do it	I am working on it	I do not know how to do it
1	Develop a mood board of the long hair look chosen for the competition			





2	Add pictures to your		
	mood board of hair		
	accessories		
3	State what tools and		
	equipment will be used		
4	Describe what products		
	will be used to create		
	the finished look		
5	Describe what pins,		
	clips or bands will be		
	needed to create the		
	look		
6	Prepare work area and		
	floor stand		
7	Prepare products, tools		
	and equipment		
8	Ensure all your		
	products, tools and		
	equipment are ready to		
	use		
9	Brush and smooth hair		
	correctly		
10	Client/model care		